

CPSY – 122

APPLIED AREAS IN CLINICAL PSYCHOLOGY

Credit Hour: 3

Type: Major

Course Objectives

The main objective of this course is to Acquaint the students with scope and application of psychology and clinical psychology in humans' life. They will be provided basic knowledge about different areas of specialization where clinical Psychology is applicable.

Course Contents

Introduction to Clinical Psychology

Introduction: Aims and scope of Clinical Psychology
History/ time line in Clinical Psychology
Scope and Status of Clinical Psychology in Pakistan and World

Clinical Psychologist

Role of Clinical Psychologist
Characteristics of Clinical Psychologist
Qualification of Clinical Psychologist
Difference between Clinical Psychologist and a Psychiatrist
Ethics for Clinical Psychologists
Clinical Psychology and work settings: School, Community, Health psychologist in hospitals, Mental Health services

Applications of Clinical Psychology in different fields of Psychology

- **Developmental Psychology**
Introduction: Aims and scope
Brief History
Status of Developmental Psychology in the Pakistan and World
- **School and Educational Psychology**
Introduction: Aims and scope
Brief History
Role of a School Psychologist
Status of School/Educational Psychology in Pakistan and World
- **Organizational/Industrial Psychology**
Introduction and Brief History of I/O Psychology

Scope of I/O Psychology
Services provided by I/O Psychologists
Status of I/O Psychology in Pakistan and world

- **Sports Psychology**

Introduction: Aims and scope
Brief History
Role of a Sports Psychologist
Status of Sports Psychology in the Pakistan and world

- **Health Psychology**

Introduction: Aims and scope
Brief History
Status of Health Psychology in Pakistan and World

- **Forensic Psychology**

Introduction: Aims and scope
Brief History
Application in Forensic Settings
Forensic Psychology in the Pakistan and World

- **Clinical Neuropsychology**

Introduction: Aims and scope
Brief History
Training and Certification
Application in Neuropsychology

- **Community Mental Health**

Understanding Community
WHO concept of Community Mental Health
Stigma of Mental Health
Provision of Crisis Support
Management of Psychosocial issues of Community
Foundation and Model of Crisis Intervention
Status of Crisis Intervention in Pakistan

Course Outcome

After successful completion of this course the students will be able to appreciate the importance of different applied areas of psychology and clinical psychology to improve quality of life of human beings and the course will also give orientation to the students for decision making as to which particular area of specialization they would like to pursue as career.

Recommended Books

- Aamodt, M. (2004). *Applied industrial/ organizational psychology* (4th ed.). UK: Wadsworth Publishers.
- Bartol, C. R. (2012). *Introduction to forensic psychology: Research and application*. New York: SAGE publications Inc.
- Carter, W. N. (2008). *Disaster management: A disaster manager's handbook*. Manila: Asian Development bank.
- Cox, H. R. (2007). *Sports psychology: Concepts and applications* (6th ed.). New York: McGraw Hill Companies.
- Fulero, S. M., & Wrightsman. (2009). *Forensic Psychology* (3rd ed.). Australia: Wadsworth.
- Gelso, C. & Fretz, B. (2001). *Counseling psychology: Practices, issues, and intervention*. USA: Harcourt, Inc.
- Hecker, J. E., & Thorpe, G. L. (2005). *Introduction to Clinical Psychology, Science, Practice and Ethics*. Boston: Pearson Education, Inc..
- Kaur, R. (2006). *Child psychology: New trends & innovations*. India: Deep and Deep Publications PVT, Ltd
- Kring, A. M. (2010). *Abnormal psychology* (11th ed.). UK: John Wiley and Sons.
- Singh, P. (2004). *Organizational psychology*. India: Centrum Press.
- Trull, T. J. (2005). *Clinical psychology*. USA: Thomson Wadsworth